

REFERENCE TITLE: schools; physical activity; implementation plans

State of Arizona
House of Representatives
Forty-eighth Legislature
Second Regular Session
2008

HB 2570

Introduced by
Representatives Anderson, Barnes, Pancrazi: Mason, McClure, Prezelski,
Rios P, Ulmer

AN ACT

AMENDING TITLE 15, CHAPTER 1, ARTICLE 1, ARIZONA REVISED STATUTES, BY ADDING SECTION 15-107; RELATING TO PHYSICAL ACTIVITY.

(TEXT OF BILL BEGINS ON NEXT PAGE)

1 Be it enacted by the Legislature of the State of Arizona:

2 Section 1. Title 15, chapter 1, article 1, Arizona Revised Statutes,
3 is amended by adding section 15-107, to read:

4 15-107. Physical activity; plans; implementation

5 A. ON OR BEFORE JUNE 30, 2009, EACH SCHOOL DISTRICT GOVERNING BOARD
6 AND CHARTER SCHOOL SHALL SUBMIT TO THE DEPARTMENT OF EDUCATION A WRITTEN PLAN
7 TO PROVIDE AT LEAST ONE HUNDRED FIFTY MINUTES OF PHYSICAL ACTIVITY EACH WEEK
8 FOR EACH PUPIL, WITH A MINIMUM OF EIGHTY PER CENT OF THAT TIME SPENT IN
9 MODERATE PHYSICAL ACTIVITY.

10 B. EACH SCHOOL DISTRICT AND CHARTER SCHOOL SHALL PROVIDE AT LEAST ONE
11 HUNDRED FIFTY MINUTES OF PHYSICAL ACTIVITY EACH WEEK FOR EACH PUPIL BEGINNING
12 IN THE 2009-2010 SCHOOL YEAR, WITH A MINIMUM OF EIGHTY PER CENT OF THAT TIME
13 SPENT IN MODERATE PHYSICAL ACTIVITY. THE PHYSICAL ACTIVITY PRESCRIBED IN
14 THIS SUBSECTION SHALL:

15 1. PROVIDE MULTIPLE AND DIVERSE PHYSICAL ACTIVITY CHOICES.

16 2. FEATURE COOPERATIVE AND COMPETITIVE GAMES.

17 3. PROMOTE COOPERATION, FAIR PLAY AND RESPONSIBLE PARTICIPATION IN
18 PHYSICAL ACTIVITY.

19 C. A PUPIL MAY BE EXCUSED FROM THE PHYSICAL ACTIVITY REQUIREMENTS
20 PRESCRIBED IN THIS SECTION IF ANY OF THE FOLLOWING APPLIES:

21 1. THE PUPIL PARTICIPATES ON A SCHOOL SPONSORED ATHLETIC TEAM THAT
22 PROVIDES AT LEAST ONE HUNDRED FIFTY MINUTES OF PHYSICAL ACTIVITY EACH WEEK.

23 2. A PHYSICIAN STATES IN WRITING THAT PHYSICAL ACTIVITY WILL
24 JEOPARDIZE THE PUPIL'S HEALTH AND WELL-BEING.

25 3. THE PUPIL PROVIDES A NOTE THAT IS SIGNED BY THE PUPIL'S PARENT OR
26 GUARDIAN AND THAT STATES THAT THE PUPIL IS PARTICIPATING IN A NONSCHOOL
27 SPORTS PROGRAM THAT REQUIRES MORE THAT ONE HUNDRED FIFTY MINUTES OF PHYSICAL
28 ACTIVITY EACH WEEK.